



NEWFOUNDLAND & LABRADOR  
JUDO ASSOCIATION

## TECHNICAL PACKAGE

Newfoundland & Labrador Judo Association  
2018 NLJA Provincial Fall Judo Tournament & Training Camp,  
Nov. 23-25, 2018  
St. Paul's Intermediate school, 5 Magee rd. Gander

### Dates:

**Friday, Nov. 16, 2018** - Deadline for online registration. Any registration after this date is subject to a late registration fee of \$20.

**Friday, Nov. 23, 2018** All activities at St Paul's Intermediate School, Gander.

1830 – 1930 - In-person registration and weigh in (Cafeteria and washrooms)

1930 – 2100 - Referee clinic

2100 – 2200 - Coaches meeting

1900 – 2100 – Tournament setup at **St Paul's intermediate school.**

**Saturday, Nov. 24, 2018** – All tournament activities at St Paul's Intermediate School, Gander.

0800 – 0900 - Tournament setup

0815 – 0900 - Referee Meeting

0845 – 0900 - Tournament Opening Ceremony

0900 – 1145 - Shiai (age groups TBD)

1145 – 1200 - Awards presentation for morning session

1200 – 1230 - Judo kids skills demonstration

1230 – 1300 - Warm up for afternoon session

1300 – 1530 - Shiai (age groups TBD)

1530 – 1615 – Canada Winter Games Fight Offs

1615 – 1645 – Awards presentation and closing ceremonies

1700-1900 – NLJA 2018 Annual General Meeting

\*\*Scheduling subject to change based on registration numbers. Final schedule will be determined after the coach's meeting Friday night.

**Sunday, Nov. 25** - ALL activities at St Paul's Intermediate School

0900 – 1100 - Training Camp

1100 – 1145 – Mat removal

Training camp times and content subject to change.

Please direct all questions to:

**Steve Patey – Tournament Director** Email: [pateyman@nl.rogers.com](mailto:pateyman@nl.rogers.com) Phone: 709-424 4492

Newfoundland & Labrador Judo Association  
2018 NLJA Provincial Fall Judo Tournament Nov. 23 – 25, 2018

## **Eligibility**

Open to all **currently registered** members of the NLJA & Saint Pierre et Miquelon Judo. The **minimum rank** for eligibility to register is **Yellow belt for competitors in U12 and older categories**. The **minimum age** for competitors in the U12 and older categories is ten (10) years of age. Children in the U8 and U10 categories may participate in a skills demonstration or randori demonstration for the U10 age category. Please email Chris Wellon, [cwellon@nf.sympatico.ca](mailto:cwellon@nf.sympatico.ca) , if you have children interested in participating in the skills demonstration.

**\*\*NOTE: For this tournament, age category is determined by the age as of December 31, 2019\*\***

## **Tournament Organization**

Re

gistration through the online registration form on at <http://www.trackiereg.com/JudoNL-2018Fall> by **Friday, Nov.16, 2018** is required in order to avoid delays in the tournament. **No registration will be accepted after Nov. 16 without prior arrangement with the Tournament Director. Registration requests received after Nov. 16 will be subject to a \$20 late registration fee.** There will be a weigh-in for this tournament. **NOTE: Clubs are asked to encourage athletes to register early to help planning by other clubs.**

<b>Category</b>	<b>Age Group</b>	<b>Time Duration</b>	<b>Forbidden Actions/Waza</b>
<b>U8 &amp; U10 Demonstration</b>	6 - 9	Demonstration skills and/or randori for U10 and under.	Kansetsu & shime waza Head locking and grip over/around neck Koshi guruma – NLJA All drop down techniques from knees or standing Tani otoshi Makikomi waza Sutemi waza
<b>U12</b>	10-11	2 minutes fixed time or up to 3 ippons - no Golden Score	Kansetsu & shime waza Head locking and grip over/around neck Koshi guruma – NLJA All drop down techniques Tani otoshi Makikomi waza Sutemi waza
<b>U14</b>	12-13	3 minutes – no Golden Score	Kansetsu & shime waza Head locking and grip over/around neck in tachi waza Koshi guruma – NLJA All drop down techniques Tani otoshi Makikomi waza Sankaku gatame/roll-over
<b>U16 (Juvenile)</b>	14-15	3 minutes – Golden Score no limit	Kansetsu waza Kansetsu & shime waza for Yellow/Orange
<b>U18 (Cadet)</b>	15-17	4 minutes – Golden Score no limit	IJF Regulations Kansetsu & shime waza for Yellow/Orange
<b>U21 (Junior)</b>	15-20	4 minutes – Golden Score no limit	IJF Regulations Kansetsu & shime waza for Yellow/Orange
<b>Senior</b>	15-	4 minutes – Golden Score no limit	IJF Regulations Kansetsu & shime waza for Yellow/Orange
<b>Masters</b>	30+	3 minutes – Golden Score no limit	IJF Regulations Kansetsu & shime waza for Yellow/Orange

Weight categories will be sub-divided into categories for Yellow/Orange and Green/Blue/Brown/Black competitors except where deemed appropriate by the Tournament Director. Mixed belts will normally compete in the higher applicable category (i.e. orange/green belt will compete in the Green/Blue category).

Medals for the categories will be awarded after the completion of the morning session and again following the completion of the other categories. U8/U10 categories will do a demonstration only during the lunch break between the morning and afternoon sessions.

### **Rules and Systems**

IJF rules will be used along with categories, bout times and forbidden techniques as in the above table. Medals will not be awarded in categories where there is only one competitor.

Note that the **IJF** 2018 rules will be applied (i.e. no Koka, etc.). Medical Intervention and “Golden Score” rules will be applied to U16 and older categories only.

*The Tournament Director, with permission of all involved coaches, reserves the right to move competitors to another category if there are less than 3 competitors in their category. Awards*

1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place medals will be awarded in U12 and older age categories. U8 and U10 competitors will all receive a participation medal and no formal placing will take place. U14 and younger competitors that do not place will receive a participation medal.

### **Entry Fees**

The registration fee for U12 and older registrants is **\$40 (No Fee for demonstration in U8/U10 categories)** for those registered by **Nov. 16, 2018**. Payment will be made along with the online registration at <http://www.trackiereg.com/JudoNL-2018Fall> . Other wise, arrangements must be made through the tournament director. Fees are non-refundable except by arrangement with the Tournament Director. Any registration received **after Nov. 16** will be subject to a **\$20 late registration fee**.

### **Entry Forms**

Entry Forms for competitors and clubs are provided in this package and may be copied as needed and submitted at the weigh in, Friday night. ***Entry forms for competitors under the age of nineteen must have the section for parental consent completed or the competitor will not be allowed to compete.***

### **Registration**

In-person registration and weigh-in will take place on Friday, Nov. 23rd, 2018 from 6:30 – 7:30 P.M. in the cafeteria of St Paul's Intermediate school.

### **Information for Coaches**

Please ensure that your competitors are on time for activities and that they are ready to compete when their match is announced. A warm up area will be provided next to the competition mat. Coaches are asked to accompany their competitors to the weigh-in.

One coach from each participating club is **required** to attend the Coaches meeting and review the draw. No changes will be made to the draw after the meeting.

Registration, weigh-in and referee/coach meetings will take place at St Paul's intermediate school on Friday evening, Nov. 23.

### **Hotel**

Comfort Inn, 112 Trans Canada Highway , Gander, (709) 256 3535  
\$129 per night, including breakfast. Just ask for the Newfoundland & Labrador Judo rate.

**Newfoundland & Labrador Judo Association  
2018 NLJA Provincial Fall Judo Tournament**

**COMPETITOR ENTRY FORM**

Fill in all information requested on the Entry Form. Place an (X) in the desired division(s).

<p>Categories: Indicate <b>ALL</b> categories in which you wish to compete (maximum of two).</p> <p><b>U8/U10 demonstration (born 2010 &amp; after)</b> _____</p> <p><b>U12 (born 2008-2009)</b> Male _____ Female _____</p> <p><b>U14 (born 2006-2007)</b> Male _____ Female _____</p> <p><b>U16 (born 2004-2005)</b> Male _____ Female _____</p> <p><b>U18 (born 2002-2004)</b> Male _____ Female _____</p> <p><b>U21 (born 1999-2004)</b> Male _____ Female _____</p> <p><b>Senior (born 2004 or earlier)</b> Male _____ Female _____</p> <p><b>Masters (born 1988 or earlier)</b> Male _____ Female _____</p>	<p>Sex: Male _____ Female _____</p> <p>Name: _____ Year _____</p> <p>Born: _____ Rank: _____</p> <p>Weight: _____ KG</p> <p>Home Phone #: _____</p> <p>Club: _____</p> <p>Instructor: _____ MCP #: _____</p> <p>Emergency Contact Information: _____</p>
---	--

In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators and assigns (hereinafter referred to as the “contestant”) do hereby remise, release and forever discharge *Judo Canada*, the *Newfoundland & Labrador Judo Association*, *Sosei Judo Club*, their agents, participating in or connected with this competition (hereinafter referred to as the competition) of all manner of actions, cause of actions, claims or demands which against this competition, I, the contestant, ever had, now have or can, shall or may hereafter have, for or by reason of entering this competition, or for any loss, damage or injury sustained by the contestant, or in respect of the loss of any equipment used by the contestant during the competition.

Signature of Competitor \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_

**Newfoundland & Labrador Judo Association**  
**2018 NLJA Provincial Fall Judo Tournament**  
**Tournament Weight Categories (kg)**

**U10 Randori Demonstration** – weight categories will be adjusted as needed for the registered competitors

**Male and Female: 23, 26, 29, 32, 35, 38, 41, 44, 48, +48**

**U12** – weight categories will be adjusted as needed for the registered competitors

**Male and Female: 25, 27, 30, 33, 36, 39, 42, 45, 50, 55, +55**

**U14**

**Male: 31, 34, 38, 42, 46, 50, 55, 60, 66, +66**

**Female: 29, 32, 36, 40, 44, 48, 52, 57, 63, +63**

**U16 (Juvenile)**

**Male: 38, 42, 46, 50, 55, 60, 66, 73, +73**

**Female: 36, 40, 44, 48, 52, 57, 63, 70, +70**

**U18 (Cadet)**

**Male: 46, 50, 55, 60, 66, 73, 81, 90, 90+**

**Female: 40, 44, 48, 52, 57, 63, 70, +70**

**U21 (Junior)**

**Male: 55, 60, 66, 73, 81, 90, 100, +100**

**Female: 44, 48, 52, 57, 63, 70, 78, +78**

**Senior**

**Male: 60, 66, 73, 81, 90, 100, +100, Open – Green/Blue/Brown/Black only**

**Female: 48, 52, 57, 63, 70, 78, +78**

**Masters**

**Male: 60, 66, 73, 81, 90, 100, +100**

**Female: 48, 52, 57, 63, 70, 78, +78**