

NLJA Brief Guide to Judo Canada Coaching Certification

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Introduction

Judo Canada and the Coaching Association of Canada jointly develop and implement the judo coaching certification process in Canada. The Judo Canada National Coaching Certification Program Policy document is updated annually (usually in June) and can be found at <http://www.judocanada.org/national-coaching-certification-program/> This brief guide summarizes the Judo Canada NCCP policy.

For more information refer to the Judo Canada NCCP policy document and/or contact the NLJA NCCP Committee Chair.

Key Concepts

In-training/ Trained/ Certified status – As coach candidates progress through the various levels of coaching certification they are identified in the “Locker” with different status levels.

- **In-training** means that a candidate has successfully completed at least one training module or online ethics exam specific to a coaching certification level.

- **Trained** means that a candidate has successfully completed all of the technical, theory and ethics exams specific to a coaching certification level but has not had a practical review

- **Certified** means that a candidate has successfully completed all of the requirements for a coaching certification level including a practical review

Locker – The Coaching Association of Canada online database which records all coaching certification activities. You can access your own information, register for training events, obtain certification transcripts and update your personal account. Access the locker at <https://nccp.coach.ca/> . There is an option to register for an account if you don't already have one

Maintenance of Certification – certification at any level is only valid for five years. To maintain certification coaches must be active in judo, retake the appropriate online ethics exam every five years, and satisfy the professional development requirements for their coaching certification level

Mandatory Background Check – beginning in 2016 there is a requirement for new coaching certification candidates and existing coaches seeking to maintain certification to take a police background check through a special option “Sterling Backcheck”. The cost is \$25 +HST. The results need to be shared with the Coaching Association of Canada to show up in your LOCKER transcript and are considered valid for three years. See <http://www.sterlingtalentsolutions.ca/landing-pages/c/cac/coaching-association-of-canada> to start the process or to find out more information.

Practical Evaluation – required at Dojo Assistant and higher levels to obtain “Certified” status. Note that you are not required to do a practical evaluation at the DA level unless you wish to be “Certified”. At DI and higher levels you would normally do a Practical Evaluation to be certified. Certified status is required to use a coaching qualification for points in Black Belt grading

Coaching Levels

Community Coach Stream	Competitive Coach Stream
<i>Community Judo Instructor</i>	<i>Dojo Assistant</i>
<i>Introduction to Judo for PE Teachers</i>	<i>Dojo Instructor</i>
	<i>Coach – Developing Competitor (Comp Dev)</i>
	<i>Advanced Coaching Diploma</i>

INTRODUCTION TO JUDO for PHYSICAL EDUCATION TEACHERS (New in 2016!)

- Refer to the Judo Canada NCCP document for more information

COMMUNITY JUDO INSTRUCTOR (New in 2016!)

This coaching certification status is intended for instructors involved in teaching in clubs or to recreational judoka who are not involved in competitive streams (shiai or kata) of judo.

Requirements:

1. Shodan (1st degree black belt) evaluation with involvement of a designated Certified Coach Developer.
2. Successful completion of the online evaluation Ethical Decision Making – Community Sport option
3. Mandatory Background Check Sterling Backcheck for details see:
http://sterlingbackcheck.ca/cac_ace

Dojo Assistant Instructor

This Learning Experience prepares the participant to assist in delivery of Judo practices for judo players of all stages of development, with an emphasis on participants under 13 years old. It is recommended that the assistant works under the supervision of a certified Instructor. Assistants under the age of majority must work under the direct supervision of a certified instructor.

Prerequisites:

- Minimum age of 16
- Minimum rank of Green belt with a working knowledge of the judo techniques included in the DA program and as identified by the Judo Canada Kyu syllabus.
- For Green, Blue and Brown belt, a letter of recommendation from the sensei stating that the participant meets the technical requirements.
- Mandatory Background Check - Sterling Backcheck – for details see:
http://sterlingbackcheck.ca/cac_ace

DOJO INSTRUCTOR (DI)

The “Instructor” course provides the participant with knowledge to instruct technical, physical, and mental aspects of judo and, via completion of an online learning module, basic nutrition. The course prepares the participant to be a club instructor responsible for providing judokas with the basic physical literacy skills with emphasis on children under the age of 14; and judo skills as described in the Judo Canada syllabus; and to introduce young judoka to competition.

Prerequisites:

- Minimum age of 18
- Minimum rank of Brown belt with a working knowledge of the judo techniques included in the Judo Canada Kyu syllabus.
- Complete the on-line “Nutrition for Judo Coaches” E-learning module.
- A letter of recommendation from the sensei stating that the participant meets the technical requirements.
- Trained DA.
- Mandatory Background Check - Sterling Backcheck – for details see:
http://sterlingbackcheck.ca/cac_ace

The Backcheck is required only if the length of time between the check done for the DA was done more than 3 years earlier.

COACH – DEVELOPING COMPETITOR

Coach of Developing Competitor - prepares the individual to be a coach responsible for the yearly training and monitoring of athletes in their Train to Train and subsequent development stages, in preparation for provincial/national level competition. This course is only offered by Judo Canada, normally once a year and with limited registration.

Prerequisites:

- Minimum age of 21
- Minimum rank of Shodan with a working knowledge of the judo techniques included in the Judo Canada syllabus (up to and including Shodan).
- Trained Instructor (or old Level 2).
- A letter of recommendation from the provincial/territorial association stating that the participant works with Developing Competitors at the Provincial level; and meets the technical requirements.
- Completion of the Multisport Competition Development modules and on-line evaluations where required
 - Development of Athletic Abilities
 - Injury Prevention and Recovery
 - Conflict Resolution – followed by an on-line evaluation
 - Drug Free Sport – followed by an on-line evaluation
 - Psychology of Performance

- Coaching and Leadership.

Advanced Coaching Diploma and Higher

- Refer to the Judo Canada NCCP document for more information

Coach Developer / Facilitator

These are the instructors for the coach certification programs.

Requirements for certification as a DA/DI Course Facilitator:

- Minimum age 24
- Minimum rank Nidan
- Recommendation from the Provincial Association to Judo Canada for acceptance
- Minimum Competition Development certified; or a university degree in physical education / kinesiology or equivalent background and experience
- Must have passed the online “Making Ethical Decisions” component
- A Master Coach Developer recognized by Judo Canada will train and evaluate the Course Facilitators to complete their certification

Refer to the Judo Canada NCCP document for more information

Professional Development Requirements

Professional development is required for coaches to renew “Certified” status in any context within **five (5)** years of original certification. Community Instructor and Dojo Assistant require **10** professional development points within each five year period; Dojo Instructor requires **20** points; Coach – Competition Development and above require **30** points.

Refer to the Judo Canada NCCP document for more information about how these points can be obtained.

Frequently Asked Questions

1. I hear about NCCP multi-sport coaching courses offered at various locations in the province. Should I take these courses?

A: It is always helpful to take courses related to coaching development but it is important to realize that the general multisport theory course content relevant to the DA and DI coach levels are included in the judo specific training programs. Taking the separate multi-sport theory courses at this level will not reduce the need to take the judo specific courses. At higher coaching levels such as Competition Developer multi-sport modules are required as pre-requisites before taking the judo specific technical course(s).

2. Which online ethics exam do I take for a specific coaching level? There are multiple online ethics exams and I’m confused about which one to take!

A: The online ethics exams are available through the “Locker”. The specific exams for judo coaching levels are:

Community Judo Instructor - Ethical Decision Making – Community Sport

Dojo Assistant and Dojo Instructor – Ethical Decision Making – Introduction to Competition* Note normally you do not repeat this exam at the DI level as it is required at the DA level

Competition Development Instructor – Ethical Decision Making – Coach of Developing Competitor

3. How much do coaching courses cost?

A: Judo Canada sets the costs for various coaching courses but the NLJA may absorb some costs for courses. The cost of any specific course will be circulated with the course information.

4. How do the “old” NCCP levels translate to the current system?

A: All “old” NCCP judo coaching levels have been transferred to current program equivalencies in the “Locker” as of 2015. The equivalencies are:

Level 1 – Dojo Assistant

Level 2 – Dojo Instructor

Level 3 – Competition Development Instructor

Level 4+ - Advanced Coaching Diploma +

5. I hear that there is a five year period to achieve professional development points to maintain my certification. How do I know when my 5 years is up?

A: You can see the expiry date for your coaching certification in your Locker transcript. For coaches with existing certifications which were batch updated into the Locker in 2015 their certification expiry date is January 2021.

6. Which coaching stream (community or competitive) should I get involved with?

A: For judo the community coach recognizes the significant technical background required of a Shodan ranking. Most judo coaches should take the DA – DI courses. Club head coaches are required to have Dojo Instructor certification.