



NEWFOUNDLAND & LABRADOR
JUDO ASSOCIATION

TECHNICAL PACKAGE
Newfoundland & Labrador Judo Association
2014 NLJA Provincial Spring Judo Tournament & Technical Clinics
April 4-6, 2014
St. Michael's School, Stephenville Crossing, NL

The Eagle Point Judo Club of Stephenville Crossing is pleased to host the 2014 NLJA Provincial Spring Judo Tournament & Technical Clinic.

Dates:

Friday, March 28, 2014 Clubs circulate draft participation lists

Tuesday, April 1, 2014 – Deadline for receipt of club registration information by Tournament Director and deadline for regular registration fee. Any registration after this date is subject to late registration fee of \$20.

Friday, April 4, 2014

1700-1900 In-person Registration & Weigh-In, St. Michael's School

1930-2100 Referee clinic – St. Michael's School

2100-2130 Coaches meeting – St. Michael's School

Saturday, April 5, 2014 – All activities at St. Michael's School, Stephenville Crossing

0800-0915 Tournament setup

0830-0915 Referee meeting

0915-0930 Tournament Opening Ceremonies

0930-1500 Provincial Tournament

1500-1600 **After tournament Pizza and Pop for all competitors, officials and volunteers**

1930-2130 – **Coaching Clinic with Tracy Angus – Location TBA**

Sunday, April 6, 2014

0930-1130 Technical Clinic – St. Michael's School – Led by Tracy Angus, Godan

0930-1100 Grading Clinic – if required

1300 + - Canada Winter Games Training Camp – St. Michael's School

PLEASE DIRECT ALL QUESTIONS and Registration to:

George Beckett – Tournament Director

55 Dogberry Hill Road Ext.

Portugal Cove-St. Philips, NL

A1M 1C7

E-mail: gbeckett@nl.rogers.com

Phone: 709-895-6716 (h)

Local Arrangements Chair

Paula Corbin

Email: paulacorbin@yahoo.com

Phone: 709- 646-2332

Newfoundland & Labrador Judo Association
2014 NLJA Provincial Spring Judo Tournament
April 4-6, 2014

Eligibility

Open to all **currently registered** members of the NLJA & Saint Pierre et Miquelon Judo. The **minimum rank** for eligibility to register is Yellow belt for competitors in U12 and older categories. The **minimum age** for competitors in the U12 and older categories is ten (10) years of age. Children in the U8 and U10 categories may participate in a skills demonstration or randori demonstration for U10 age category. Minimum age is six and minimum belt requirement is white for participants in the skills demonstration. Yellow belt or higher is required for U10 randori demonstration. Note on team registration lists if you have children interested in participating in the skills demonstration!

****Note for this tournament age category is determined as of December 31, 2014****

Tournament Organization

Pre-registration through submission of club entry forms by **Tuesday, April 1, 2014** is required in order to avoid delays in the tournament. No competitors will be registered who have not pre-registered or made special arrangements with the Tournament Director. **Registration requests received after April 1 will be subject to a \$20 late registration fee.** There will be a weigh-in for this tournament.

The **Judo Canada 2014 Tournament Standards Policy** will be followed. The major impact of the mandated Judo Canada tournament policy is as follows:

Category	Age Group	Time Duration	Forbidden Actions/Waza
U8 &U10 Demonstration	6 -9	Demonstration skills only for U8, Demonstration skills and/or randori for U10 with 2 minutes fixed time maximum or up to 3 ippons – no Golden Score Yellow belt minimum required to do randori	Kansetsu & shime waza Head locking with grip over/around neck Koshi guruma - NLJA All drop down techniques from knees or standing Tani otoshi Makikomi waza Sutemi waza
U12	10-11	2 minutes fixed time or up to 3 ippons – no Golden Score	Kansetsu & shime waza Head locking with grip over/around neck Koshi guruma - NLJA All drop down techniques Tani otoshi Makikomi waza Sutemi waza
U14	12-13	3 minutes – no Golden Score	Kansetsu & shime waza Head locking with grip over/around neck Koshi guruma - NLJA All drop down techniques Tani otoshi Makikomi waza Sankaku gatame/roll-over
U16 (Juvenile)	14-15	3 minutes – Golden Score no	Kansetsu waza

		limit	
U18 (Cadet)	15-17	4 minutes – Golden Score no limit	IJF regulations
U21 (Junior)	15-20	4 minutes – Golden Score no limit	IJF regulations
Senior	15-	5 minutes – Golden Score no limit	IJF regulations
Masters	30+	3 minutes – Golden Score 1 minute	IJF regulations

Weight categories will be sub-divided into categories for Yellow/Orange/Green and Blue/Brown/Black competitors except where deemed appropriate by the Tournament Director. Mixed belts will normally compete in the lower applicable category (i.e. green/blue belt will compete in the Yellow/Orange/Green category).

All activities will take place at St. Michael's School in Stephenville Crossing, Hospital Road. NOTE – No outdoor shoes are allowed inside the gym. Spectators and athletes should bring interior shoes or slippers.

Medals for the categories will be awarded after the completion of the morning session and again following the completion of the other categories. U8/ U10 categories will do a demonstration only during the lunch break between the morning and afternoon sessions.

Rules and Systems

IJF rules will be used along with categories, bout times and forbidden techniques as in the above table. Medals will not be awarded in categories where there is only one competitor.

Note that the **IJF** rules will be applied (i.e. no Koka, etc.). Medical Intervention and “Golden Score” rules will be applied to U16 and older categories only.

The Tournament Director, with permission of all involved coaches, reserves the right to move competitors to another category if there are less than 3 competitors in their category.

Awards

1st, 2nd, and 3rd place medals will be awarded in U12 and older age categories. U8 and U10 competitors will all receive a participation medal and no formal placing will take place. U12 competitors that do not place will receive a participation medal. The *Alister Fowler Memorial Trophy* will be presented to the most spirited judoka in the tournament as selected by the club coaches.

Entry Fees

The registration fee for U12 and older registrants is **\$40 (\$20 for U8/U10 categories)** for those registered by **April 1, 2014**. Payment may be made by cash, cheque or money order payable at the in-person registration. Please make cheques or money orders payable **to Eagle Point Judo Club**. Fees are non- refundable except by arrangement with the Tournament Director. Any registration received **after April 1, 2014** will be subject to a **\$20 late registration fee**.

Entry Forms

Entry forms for competitors and clubs are provided in this package and may be copied as needed. **Club entry forms listing all competitors participating in the tournament MUST be delivered to George Beckett by 5 P.M, Tuesday, April 1, 2014.** Club lists may be delivered by e-mail or postal mail. NOTE: Clubs are asked to circulate lists of athletes by March 28 to help planning by other clubs.

Individual competitor entry forms must be submitted at the tournament registration on Friday, April 4. **Ensure**

that all of the desired competition categories (to a maximum of two) are marked on the club entry forms and individual registration forms. *Entry forms for competitors under the age of nineteen must have the section for parental consent completed or the competitor will not be allowed to compete.*

Registration

In-person registration will take place on Friday, April 4, 2014 from 5:00 – 7:00 P.M. at St. Michael’s School in Stephenville Crossing. Weigh-in will be conducted in the change rooms at the school.

Information for Coaches

Please ensure that your competitors are on time for activities and that they are ready to compete when their match is announced. One competition surface will be used. A warm up opportunity will be provided on the competition mat. Coaches are asked to accompany their competitors to the weigh-in.

One coach from each participating club is required to attend the Coaches meeting that will review the draw. No changes will be made to the draw after the meeting.

**Newfoundland & Labrador Judo Association
2014 NLJA Provincial Spring Judo Tournament
COMPETITOR ENTRY FORM**

Fill in all information requested on the Entry Form. Place an (X) in the desired division(s)

<p><u>Categories:</u> Indicate ALL categories in which you wish to compete (maximum of two). Year of birth is as of <u>Dec. 31, 2014.</u></p> <p>U8/U10 demonstration (born 2005-2008) _____</p> <p>U12 (born 2003-2004) Male _____ Female _____</p> <p>U14 (born 2001-2002) Male _____ Female _____</p> <p>U16 (born 1999-2000) Male _____ Female _____</p> <p>U18 (born 1997-1999) Male _____ Female _____</p> <p>U21 (born 1994-1999) Male _____ Female _____</p> <p>Senior (born 1999+) Male _____ Female _____</p> <p>Masters (born 1984+) Male _____ Female _____</p>	<p>Sex: Male _____ Female _____</p> <p>Name: _____</p> <p>Yr. Born _____ Rank _____</p> <p>Weight: _____ KG</p> <hr/> <p>Home Phone # _____</p> <p>Club: _____</p> <p>Instructor: _____</p> <p>MCP# _____</p>
---	---

In consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators and assigns (hereinafter referred to as the 'contestant') do hereby remise, release and forever discharge, *Judo Canada* , the *Newfoundland & Labrador Judo Association*, *Eagle Point Judo Club*, their agents, participating in or connected with this competition (hereinafter referred to as the competition) of all manner of actions, cause of actions, claims or demands which against this competition, I, the contestant, ever had, now have or can, shall or may hereafter have, for or by reason of entering this competition, or for any loss, damage or injury sustained by the contestant, or in respect of the loss of any equipment used by the contestant during the competition.

Signature of Competitor _____

Date: _____

Signature of Parent / Guardian _____

ENTRY SHEETS - CLUB

****Must be returned to Tournament Director by Tuesday, April 1, 2014****

Event:
2014 NLJA Provincial Spring Judo Tournament

Date: April 5, 2014

Location: Stephenville Crossing, Newfoundland & Labrador

	Last Name/Nom*	First Name*	Date of Birth*	Rank Grade*	Exact Weight (kg)*	Sex Male/Female*	Competition Categories (max. of 2)	Provincial Medical #	Emergency Contact Name	Tel. No.
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										

* = Required data

**Newfoundland & Labrador Judo Association
2014 NLJA Provincial Spring Judo Tournament
Tournament Weight Categories (kg)**

U10 Randori demonstration - weight categories will be adjusted as needed for the registered competitors

Male and female 23, 26, 29, 32, 35, 38, 41, 44, +44

U12 - weight categories will be adjusted as needed for the registered competitors

Male and female 25, 27, 30, 33, 36, 39, 42, 45, 49, 55, +55 kg

U14

Male 34, 38, 42, 46, 50, 55, 60, 66, +66 kg

Female 32, 36, 40, 44, 48, 52, 57, 63, +63 kg

U16 (Juvenile)

Male 38, 42, 46, 50, 55, 60, 66, 73, +73 kg

Female 36, 40, 44, 48, 52, 57, 63, 70, +70 kg

U18 (Cadet)

Male 46, 50, 55, 60, 66, 73, 81, 90, +90

Female 40, 44, 48, 52, 57, 63, 70, +70

U21 (Junior)

Male 55, 60, 66, 73, 81, 90, 100, +100 kg

Female 44, 48, 52, 57, 63, 70, 78, +78 kg

Senior

Male 55, 60, 66, 73, 81, 90, 100, +100kg, Open –Blue/Brown/Black only

Female 44, 48, 52, 57, 63, 70, 78, +78kg

Masters

Male 60, 66, 73, 81, 90, 100, +100kg

Female 48, 52, 57, 63, 70, 78, +78kg